

master
your
well-being

Introducing the New PaceMaster Exercise Bike Range

At PaceMaster, we understand that comfort is key to the success of your workout. Why? Because if you're not comfortable, you'll call it quits long before you achieve results. That's why we've created three styles of PaceMaster exercise bikes, each engineered with your comfort in mind.

Choose from our recumbent bikes, upright bikes and indoor cycle. Engineered with premium components and designed to reduce the stress on your joints, they offer a smooth, comfortable and highly effective workout. Each bike comes with a commitment to quality, performance, reliability and value that's made PaceMaster an industry leader. Select the one that's right for you.



Gold XRC



Silver XRC



Bronze XRC

PaceMaster Recumbent Bikes

Are you seeking maximum comfort and a great cardiovascular workout? Then recumbent exercise bikes are right for you. PaceMaster's recumbent bikes feature a step-through design for ease of use and user friendly controls. They offer more support to the lower back plus a smooth cycling motion – minimizing stress on the knees.

The PaceMaster XRC comes in three models to meet your needs: Gold, Silver and

Bronze. The Gold offers a full range of programming and resistance options. Its fully adjustable mesh seat lets you set the distance from the pedals plus the recline angle for maximum comfort. The mesh seat back also eliminates sweat build up on your back. The Silver offers a full range of programs and a high quality cushion seat. And the Bronze is ideal for those who simply want to "get on and go", featuring the same high quality cushion seat and simple programming.

PaceMaster XSC Upright Bikes



Do you have limited space? The upright, space-efficient design makes this an excellent option for you. Our upright bikes offer maximum customization. They feature fully adjustable seats and moveable contact heart rate pick-ups to suit your riding style. The bright, backlit LCD display provides easy readability. Touch-sensitive panels offer a range of workouts and

make it easy to alter speed and resistance. The XSC comes in Gold and Silver models, with the Gold offering the largest number of resistance levels and program types.

PaceMaster SB Indoor Cycle



Want to bring the outdoor cycling experience indoors? The PaceMaster SB is right for you. It combines all the performance of a commercial grade indoor cycle with the ease and affordability of a home machine. The heavy-duty frame allows for standard cycling positions, such as standing up or leaning forward. It features an easy-to-use resistance control, comfortable handlebar design, and conveniently located water bottle holders.

PaceMaster – A Track Record of Excellence

For over four decades, PaceMaster has been a leader in the home exercise equipment industry. And now we've applied our 40 years of fitness experience to the design of our new exercise bikes. Whether you're interested in an exercise bike, elliptical, or treadmill, rest assured they all come with the same commitment to quality, performance, reliability and value that's made PaceMaster an industry leader.

Celebrating Over **40 Years** 1968-2008
of Excellence in Fitness Equipment

Visit one of our select dealers and see for yourself how PaceMaster products can help you master your well-being.



Resistance System	Electro Magnetic (EMS)	Electronic/motor controlled magnetic	Manually controlled magnetic	Electro Magnetic (EMS)	Electronic/motor controlled magnetic	Manual Friction
Resistance Levels	32 levels	16 levels	8 levels	32 levels	16 levels	Infinite
Fly Wheel	20 lbs	18 lbs	14 lbs	20 lbs	18 lbs	29 lbs
Power	Adaptor for 110V	Adaptor for 110V	4 x AA Batteries	Adaptor for 110V	Adaptor for 110V	None
Assembled Dimensions	67"L x 28"W x 48"H	67"L x 28"W x 44"H	67"L x 28"W x 44"H	52"L x 28"W x 53"H	52"L x 28"W x 53"H	45"L x 24"W x 45"H
Display	Bright back lit two color LCD	Bright back lit blue LCD	Monochrome LCD display	Bright back lit two color LCD	Bright back lit blue LCD	-
Program Types	6	4	Manual	6	4	-
Custom Program	Yes	Yes	No	Yes	Yes	-
Contact Heart Rate	Yes	Yes	Yes	Yes	Yes	-
Wireless Heart Rate	Yes	Yes	No	Yes	Yes	-
Heart Rate Control Program	Yes	Yes	No	Yes	Yes	-
Fitness Test	Yes	No	No	Yes	No	-
Heart Rate Recovery Program	Yes	Yes	Yes	Yes	Yes	-
Constant Effort Program	Yes	No	No	Yes	No	-
User Weight Limit	275 lbs.	275 lbs.	275 lbs.	275 lbs.	275 lbs.	300 lbs.
Seat Type	Mesh seat back with recline adjustment	XL Cushioned	XL Cushioned	XL Cushioned	XL Cushioned	Premium Performance
Oversized Pedals with Adjustable Straps	Yes	Yes	Yes	Yes	Yes	Standard Size with Adjustable Strap
Integrated Reading Rack	Yes	Yes	Yes	Yes	Yes	-
Contact Heart Rate	Easy Grasp Fixed Position	Easy Grasp Fixed Position	Easy Grasp Fixed Position	Movable for Customization	Movable for Customization	-
Warranty	Lifetime frame Two year parts One year labor	Lifetime frame Two year parts One year labor	Lifetime frame Two year parts One year labor	Lifetime frame Two year parts One year labor	Lifetime frame Two year parts One year labor	Lifetime frame Two year parts One year labor

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